

Kristen Wood, OT Reg. (Ont.)

Occupational Therapist

Cell: (519) 588-9535

Email: kwood@kwrehabilitation.ca



EDUCATION

- 2014 **Master of Science in Occupational Therapy**
Western University- London, Ontario
Research Project: A scoping review of external cuing in Parkinson's Disease
- 2011 **Bachelor of Science (Honour Specialization in Biology & Psychology)**
Wilfrid Laurier University- Waterloo, Ontario
Thesis: Emotion regulation: Do differential affects exist for specific negative emotions

PROFESSIONAL CREDENTIALS AND AFFILIATIONS

- 2014 – Present Member, College of Occupational Therapists of Ontario (COTO)
2012 – Present Member, Ontario Society of Occupational Therapists
2012 – Present Member, Canadian Association of Occupational Therapists
2014 – Present Member, World Federation of Occupational Therapists

PROFESSIONAL EXPERIENCE

December 2020 to Present
KW Rehabilitation
Private Practice Auto Insurance
Owner/ Occupational Therapist

February 2015 to June 2021
Novus Rehabilitation Ltd.
Private Practice Auto Insurance
Occupational Therapist

September 2014 to August 2015
Total Healthcare Solutions
Private Practice Auto Insurance
Occupational Therapist

SELECTED TRAINING, CERTIFICATIONS, AND PROFESSIONAL DEVELOPMENT

- April 2022 Life Care Planning Modules 1-2
August 2021 C-CAT Functional Observer Certification
November 2019 Chronic Pain Assessment & Management (CAOT)
September 2018 Cognitive Behavioural Therapy: Level 1 for OT
June 2018 Cognitive Interventions for Adults with Acquired Brain Injury- Level 2 (OBIA)
April 2018 Choosing Assessment Tools and Using Everyday Items and Tasks to Treat Cognition
September 2017 An Occupational Approach to Cognitive Rehabilitation
August 2017 Assessment of Motor and Process Skills Certification
March & June 2017 Motivational Interviewing: Level 1 & 2
November 2016 Multiple Errands Test Workshop
September 2016 Child and Youth with Acquired Brain Injury Course- Level 1 (OBIA)
November 2015 Progressive Goal Attainment Program Certification
May 2015 Vestibular Rehabilitation: A comprehensive Introduction

May 2015 Concussion Management Workshop
December 2014 Certified CogMed Coach

PROFESSIONAL PRESENTATIONS- INVITED

Western University - London, ON

April 2020, March 2019, April 2018 & April 2017- Occupational Therapy in Auto Insurance (Guest Lecture with Cheryl Heard, OT)

Western University - School of Occupational Therapy

Waterloo Police Association- Cambridge, ON

April 2017- Ergonomics of Duty Belts and Cruisers in Law Enforcement

Spring Majors Meeting hosted by Waterloo Police Association

Western University - London, ON

March 2016 & 2017- Mental Health in the Auto Insurance Industry (Guest Lecture with Cheryl Heard, OT)

Western University - School of Occupational Therapy

Ontario Nurses Association- Toronto, ON

November 2015 – Repetitive strain injuries in nursing & WSIB

Ontario Nurses Association- Workplace Injury Board

CLINICAL TEACHING

2016 – Preceptor (Western University) – 1 Level 3b Occupational Therapy student [300 hours]
2017 – Preceptor (Western University) – 1 Level 3b Occupational Therapy student [300 hours]
2018 – Preceptor (Western University) – 1 Level 3b Occupational Therapy student [300 hours]
2019 – Preceptor (Western University) – 1 Level 3b Occupational Therapy student [300 hours]
2019 – Preceptor (McMaster University) – 1 Level 3b Occupational Therapy student [300 hours]
2021 – Preceptor (Western University) – 1 Level 3a Occupational Therapy student [300 hours]
2021 – Preceptor (Monash University) – 1 Level 3b Occupational Therapy student [300 hours]
2022 – Preceptor (Western University) – 1 Level 3a Occupational Therapy student [300 hours]
2022 – Preceptor (Western University) – 1 Level 3b Occupational Therapy student [300 hours]

ACADEMIC TEACHING

2016 to Present – Adjunct Faculty (Western University) – Mentor in Professionalism I & II courses

VOLUNTEER & COMMITTEE SERVICE

December 2021 to present – Event Committee member & Fundraising Committee member – Brain Injury Association of Waterloo Wellington

October 2015 – Professional Program Preview Day – School of Occupational Therapy Western University
